

KEEP YOUR PETS TICK AND FLEA FREE – AS EASY AS 1, 2, 3.

A loving guide to protect your fur-babies



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Hello and welcome to Essex Pet Protector.

I am thrilled you've signed-up for my free guide that will show you one of the most crucial, yet easy ways to keep your fur-babies in top condition – using non-toxic all natural products. We are all aware of the amount of chemicals and toxins in our foods, personal care and home cleaning products, and the adverse effects these can have on us and our health. Well the same is true of our pets.

As you know, dogs in particular have to be wormed and have flea and tick treatments, only did you know many of these products contain harmful chemicals. In fact there is even a petition to stop selling one of these dangerous products – Bravecto – as it has such severe side effects and many dogs have died. Check out change.org and add your support to ban this horrendous product.

As a loving and responsible pet owner myself, I was horrified to learn about the harmful chemicals used in most pet care products, so I set about to find a healthy solution. I couldn't bear to think that by keeping Sonny free of ticks and fleas, I was exposing him to toxic chemicals and potentially threatening his life.

This free guide is a culmination of what I discovered and it's my gift to you and your fur-babies. I know you're going to love these ideas and your pets are going to love you more for helping them stay tick and flea free the natural way.

Let me know how you get on by [email](#) or through my [website](#) and lets get this happy, healthy fur-baby message out there.

Jackie



Sonny

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NATURAL WORMERS FOR YOUR DOG

PUMPKIN SEED (*raw, organic*)

This can help to prevent and expel worms. Give them 1 teaspoon of the ground seed per 10 lbs of your dog's weight. Just mix this into your dog's food. Mix it into your pet's food daily or give it to them unground as a treat! This is also a great dietary supplement for your dog - pumpkin seeds are a great source of zinc and vitamin A, and are high in protein.

FRUITS AND VEGETABLES

Add some of the following fresh foods to your dog's diet to help make their intestinal tract less attractive to worms: grated raw carrots, fennel, shredded coconut and papaya.

CHAMOMILE

This herb, as well as its cousin pineapple weed, can work to prevent and expel both roundworms and whipworms.

TURMERIC (*curcumin*)

Turmeric is well known to reduce inflammation in humans, and has been shown to reduce the damage to the intestine caused by worm infestations. It contains four compounds with anti-parasitic action, which are ineffective taken individually, but have strong worm-killing properties when mixed together.

WARNING: Turmeric (*Curcuma longa*) can prevent blood from clotting so it could increase the risk of bleeding. Tell your veterinarian that your dog is on this dietary supplement and discontinue its use before surgery or during treatment with blood-thinning medications.

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NATURAL FLEA AND TICK TREATMENTS FOR YOUR PETS

FINE TOOTH COMB

A fine-toothed flea comb is essential and should be used daily on your pet to catch fleas. Keep a bowl of soapy water on hand and dip the comb into it after each sweep. You can dab some petroleum jelly onto the comb to make the fleas stick to it, and then put them in a bowl of water with some oil drops in to trap them. If you comb your dog over white paper you will see the tiny black specks fall onto the paper if you drop any of the fleas.

VACUUM BEDDING AND FURNITURE REGULARLY

Vacuum the furniture and thoroughly wash the dog's bedding weekly. Be careful if using a vacuum with a bag as flea eggs can get trapped in the bag, and then hatch – so always seal and throw away the bag after every vacuum.

GENTLE HERBAL SHAMPOOS

Gentle herbal shampoos are effective and can be used regularly – as much as once a week – but be careful not to dry out the dog's skin. When shampooing, use warm water and begin with a ring of lather around the animal's neck so that fleas cannot climb onto the animal's face. Please do not use flea-pesticide shampoos or dips as these are toxic and dangerous to dogs – soap and water kills fleas.



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ESSENTIAL OILS

Essential oils are fabulous and safe for both animals and humans.

- Lavender, peppermint and geranium essential oils repel mosquitoes.
- Lavender, lemongrass and geranium repel ticks.
- Lavender, lemongrass, peppermint and citronella repel fleas.

Mix the oils together and dab between the dog's shoulder blades. Then put a drop of lemon oil or rosemary oil on the dog's collar.

They are also useful to clean the dog's bedding and toys. Lavender oil is particularly good as a method of preventing tick eggs from hatching – add it around the house and under cushions and rugs where your pets sleep. Find out more about essential oils and their uses [here](#).



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SAFETY AND CAUTIONS

Essential oils are highly concentrated. It is important to respect the indicated dosage, usage and take specific cautions;

- Keep out of the reach of children.
- Always follow the product usage.
- Never use them pure in a higher amount than recommended.
- Discontinue use if you experience any irritation or a reaction and consult a physician if necessary.
- Do not bring Essential Oils in direct contact with the skin.
- Do not bring Essential Oils in direct or indirect contact with the eyes.
- Please read carefully hazard and precautionary statements and other safety information on the label and carton.
- Store Essential Oils in their well closed bottle away from air and light.
- Be careful when using directly on animals - especially cats - as some oils can be dangerous. Always check with your vets before applying oils directly onto animals.

Thank you for downloading my guide to keeping your fur-babies tick and flea free the natural way (toxin and chemical free).

If you have any concerns or want more details please get in touch at

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www.essexpetprotector.co.uk